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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Block 1 | Block 2 | Block 3 | Block 4 | Block 5 | Block 6 | Block 7 | Block 8 | Block 9 | Block 10 | Block 11 | Block 12 | Block 13 |
| Big OB | Clinic/  Addiction Medicine | Night OB | SPFM  Medicine | FM | FM | Little Peds | Amb  Peds | Big Medicine | Ortho | Gyn | Little OB | Big  Peds |

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| Block 14 | Block 15 | Block 16 | Block 17 | Block 18 | Block 19 | Block 20 | Block 21 | Block 22 | Block 23 | Block 24 | Block 25 | Block 26 |
| EM | Big OB | Elective | Night  OB | SPFM  Medicine | Little  Peds | Amb  Peds | Big  Medicine | Ortho | Night  Medicine | Little  OB | Big  Peds | Clinic |

\*Each block = 2 weeks

\*\*Gold blocks = inpatient rotations at Providence St. Peter Hospital (PSPH) in Olympia, WA.

\*\*\*Wednesday afternoons, 1:30 PM – 5:00 PM are protected blocks for didactic learning. The only exception is for the resident staffing the L&D floor that day, who can attend or tune in virtually as census allows. This is not included in the schedules below for the sake of simplicity. While on inpatient, you return to the hospital after didactics for sign-out of your patients to the night team at 6 PM.

**Weekly Schedule for Each Inpatient Rotation:**

**Big OB:**

On this rotation, you are helping to staff the L&D floor at PSPH caring for triage, antepartum, laboring, and postpartum patients. You are involved with all Family Medicine patients and no-doc patients (with the OB hospitalist), with the opportunity to be involved with the patients of our local OBGYN group as your census allows. You will also be caring for the newborns of Family Medicine patients who will be receiving their pediatric care from any of our local FM practices.

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| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| PSPH  6:30 AM –  6:00 PM | PSPH  6:30 AM –  6:00 PM | PSPH  6:30 AM –  6:00 PM | PSPH  6:30 AM –  6:00 PM | Continuity Clinic  Chehalis  8:00 AM –  5:00 PM | Off! | Off! |

**Little OB:**

This is the same as the “Big OB” rotation, but with a slightly different schedule. During the PM portion of the 24-hour shift beginning Sunday, you will also be the pediatrics resident on-call (described in greater detail below). This is the only rotation with 24-hour shifts.

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| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| PSPH  12:00 AM –  6:30 AM  *24 hr shift* | Off! | Continuity Clinic  Chehalis  8:00 AM –  5:00 PM | Continuity Clinic  Chehalis  8:00 AM –  5:00 PM | PSPH  6:30 AM –  6:00 PM | PSPH  6:30 AM –  6:00 PM | PSPH  6:30 AM –  12:00 AM  *24 hr shift* |

**Night OB:**

This is very similar to the above OB rotations, though on the overnight shift you are also the pediatrics resident on-call. Your OB service takes priority, but you will be involved with overnight pediatrics admissions and cross coverage if you are not occupied with an OB patient. The peds service tends to be much less busy than the OB floor. The pediatrics attendings are in house, aware of the fact that you cover two services and are generally very understanding you are not available. While you are on night rotations, you are excused from all daytime didactics and learning.

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| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| PSPH  6:00 PM –  6:30 AM | PSPH  6:00 PM –  6:30 AM | PSPH  6:00 PM –  6:30 AM | PSPH  6:00 PM –  6:30 AM | PSPH  6:00 PM –  6:30 AM | PSPH  6:00 PM –  6:30 AM | Off! |

**Big Medicine:**

On this rotation, you will be staffing one-on-one with the internal medicine service at PSPH with various hospitalists caring for various hospitalized patients.

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| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| PSPH  6:30 AM –  6:00 PM | PSPH  6:30 AM –  6:00 PM | PSPH  6:30 AM –  6:00 PM | PSPH  6:30 AM –  6:00 PM | Continuity Clinic  Chehalis  8:00 AM –  5:00 PM | Off! | Off! |

**SPFM Medicine:**

On this rotation, you will be caring for hospitalized family medicine patients in a team consisting of an intern (you), a family medicine faculty attending, a senior resident, and occasionally rotating medical students and PGY-1 pharmacy residents.

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| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| PSPH  6:30 AM –  6:00 PM | PSPH  6:30 AM –  6:00 PM | PSPH  6:30 AM –  6:00 PM | PSPH  6:30 AM –  6:00 PM | Continuity Clinic  Chehalis  8:00 AM –  5:00 PM | Off! | Off! |

**Night Medicine:**

This rotation occurs at the end of the year, after you have gained expertise in the care of hospitalized patients. You will be taking admissions for both the family medicine and hospitalist services, as well as providing cross coverage for the day medicine teams.

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| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| PSPH  6:00 PM –  6:30 AM | PSPH  6:00 PM –  6:30 AM | PSPH  6:00 PM –  6:30 AM | PSPH  6:00 PM –  6:30 AM | PSPH  6:00 PM –  6:30 AM | PSPH  6:00 PM –  6:30 AM | Off! |

**Big Peds:**

On this rotation, you will be primarily working one-on-one in the Special Care Nursery (SCN) with the pediatric hospitalist attending on staff. Our hospitalists are from the Seattle Childrens Hospitalist group and in-house 24/7. As the pediatrics intern, you will also assume care of all family medicine pediatrics patients admitted to the SCN or the pediatrics unit. You will also attend all newborn resuscitations with the pediatrics team on the L&D floor.

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| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| Off! | Continuity Clinic  Chehalis  8:00 AM –  5:00 PM | PSPH  6:30 AM –  6:00 PM | PSPH  6:30 AM –  6:00 PM | PSPH  6:30 AM –  6:00 PM | PSPH  6:30 AM –  6:00 PM | Off! |

**Little Peds:**

This is the same rotation as Big Peds, but with a slightly different schedule.

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| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| PSPH  6:30 AM –  6:00 PM | PSPH  6:30 AM –  6:00 PM | Continuity Clinic  Chehalis  8:00 AM –  5:00 PM | Continuity Clinic  Chehalis  8:00 AM –  5:00 PM | Off! | Off! | PSPH  6:30 AM –  6:00 PM |

**Outpatient Rotations:**

These are (generally) M-F, 8-5 outpatient-based rotations that include at least 1 day of continuity clinic in Chehalis. Please see the curriculum page for more details of the rotations themselves! Schedule exceptions are mentioned below.

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| **Clinic** | Exactly what it sounds like! This is a full week of continuity clinic in Chehalis. |
| **Addiction Medicine** | This is also a M-F rotation, though the hours are a little different here and there in order to allow attendance of MedsFirst Clinic in Centralia, WA and the Oly Bup Clinic. Please take a look at the Addiction Medicine Curriculum for more details! |
| **FM** | This is a second extended orientation block (with continuity clinic days, of course) that occurs after you’ve had the opportunity to get your feet wet in various rotations. |
| **Amb Peds** | Outpatient pediatrics involving multiple settings and disciples, including specialty clinics at Mary Bridge Children’s Hospital in Tacoma, WA. |
| **Ortho** | Primarily outpatient clinic with our local Ortho groups. There is a little bit of OR time, but there is an emphasis on Family Medicine applicable topics and procedures. |
| **Gyn** | Outpatient gynecology with our local OBGYN groups, both in Centralia and Olympia, WA. |
| **EM** | This is the major exception to the M-F, 8-5. You will be rotating at Providence Centralia Hospital in Centralia, WA. The shift times vary, though do not include overnights, and are 8-9 hours in length. This is generally a 6-day-a-week rotation that includes continuity clinic days. |